

## SHCR Module 2 chat box

from Mark Davis to All Participants:

Hi all - just having an issue with the phone! will be back asap. and will stay on mute until you tell me otherwise.

from Graham Mackenzie to All Participants:

Fine with me to be towards end. G

from Jodi @JodiOlden Brown to All Participants:

Good afternoon :-)

from @domcushnan DomCushnan to All Participants:

Hey Jodi! :)

from @domcushnan DomCushnan to All Participants:

Hi Carolyn

from helen bevan to All Participants:

Hello and welcome to module 2 of the School for Health & Care Radicals. Where are you & what is the most interesting thing you have done so far today?

from helen bevan to All Participants:

I am in Coventry. I had a great conversation earlier with colleagues from NHS Scotland. We have so much to learn from and share with each other

from @domcushnan DomCushnan to All Participants:

That sounds great! - Following a meeting I had at start of week I been working on some wireframes of what and how people can collaborate around best practice

from Mark Davis to All Participants:

Hello from Middlesbrough! I had a discussion with someone at BBC radio this morning about the power of connecting with others for change... a really good discussion.

from @domcushnan DomCushnan to All Participants:

@mark that sounds great was it broadcast

from Paul Woodley to All Participants:

Good afternoon all from a dry Coventry

from Gordon Quinn to All Participants:

Good afternoon from Sunny Glasgow, looking forward to module 2

from Joanna Hemming to All Participants:

Hello everyone!! I'm also joining in from Coventry!

from Carolyn Chalmers to All Participants:

Hello from 'a dry meantime' Orkney

from Mark Davis to All Participants:

It wasn't broadcast, Olly. A new connection with an editor - small steps...

from Carolyn Chalmers to All Participants:

Off the top of the north coast of Scotland

from Graham Mackenzie to All Participants:

A wet Edinburgh for me

from helen bevan to All Participants:

The music is lovely and calming

from Claire Quinn to All Participants:

Hi all....joining from Frimley Health

from Lesley Morgan to All Participants:

Afternoon all.

from @domcushnan DomCushman to All Participants:

hey everyone

from Papworth Hospital to All Participants:

Papworth Hospital - Checking in. Hello world!

from @domcushnan DomCushman to All Participants:

the music is very relaxing

from Matt Elswood to All Participants:

Olly, got any good techno? Radical!

from Jodi @JodiOlden Brown to All Participants:

Good afternoon! I'm Jodi @JodiOlden in Oxfordshire feeling very chilled with this lovely music!

from @domcushnan DomCushnan to All Participants:

@matt yes!

from Carolyn Chalmers to All Participants:

I hadn't realised it was mandolin - explains the tone coming through my mobile phone!

from Matt Elswood to All Participants:

Stephen Bodzin's essential mix was really good but didn't eclipse Max Cooper's - recommended listening! :)

from jon bryant to All Participants:

Hi Everyone:)

from Carolyn Chalmers to All Participants:

Very appropriate!

from Lynn Hartley to All Participants:

Hi again everyone

from @domcushnan DomCushnan to All Participants:

hey everyone - welcome again - feel free to ask questions here

from Laura Willoughby to All Participants:

i am having problems with sound - any tips

from James Arke to All Participants:

What kind of problem Laura?

from Laura Willoughby to All Participants:

cant hear anything

from Fauve Syers to All Participants:

have you dialled in?

from Jan Ground to All Participants:

I love the separation of the word health and care. school for health AND care...

from siobhan taylor to All Participants:

same hear, can't hear anything but the headset test says audio is working

from lourda geoghegan to All Participants:

hi everyone - also cant hear anything

from Joanna Hemming to All Participants:

Laura, have you connected your audio?

from laura Willoughby to All Participants:

yup

from Susan Smith to All Participants:

I'm ok here, so something is working

from Hannah Jowett to All Participants:

I can't hear either.

from lauren megahey to All Participants:

i have no sound either

from Gayle MacDonald to All Participants:

I have no sound either

from Paul Harris to All Participants:

Hi everyone can't hear either

from Becky Quinlan to All Participants:

Me either.. it shows it dialling the host, but not connecting.

from lauren megahey to All Participants:

i have done an audio test which seemed to be ok

from roisin breen to All Participants:

go into the communciation tab and dial in

from Gordon Qquinn to All Participants:

Anyone on from the Ambulance service today?

from lourda geoghegan to All Participants:

to ehar teh sound you need to click on tepehone icon uner participants list and then dial in (thought the box which pops up)

from Lesley Morgan to All Participants:

I would say both to bring it on AND it's my job

from laura Willoughby to All Participants:

all the tests work bt not here

from Joanna Hemming to All Participants:

For those having sound difficulties, please check your audio is connected, see the quick start tab for audio options

from Sally Pezaro to All Participants:

Good afternoon - sorry I am a minute or two late :)

from Becky Quinlan to All Participants:

Thanks - dialled in now!

from lauren megahey to All Participants:

can hear now :)

from Mark Davis to All Participants:

I didn't take part in #My3Words last week: my three words are: connect, collaborate and change

from Sandra Springett to All Participants:

Whoops sorry a bit late!

from lauren megahey to All Participants:

communicate, audio conference, dial in with computer

from Graham Mackenzie to All Participants:

Sorry - pressed the wrong button

from laura Willoughby to All Participants:

The recording will be up later right?

from Paul Harris to All Participants:

Hi test works just no sound

from Hannah Jowett to All Participants:

I logged in early by mistake and could hear them testing everything but now have no sound

from Cathy Jaynes to All Participants:

Good morning Pip!

from Joanna Hemming to All Participants:

The recording will be available tomorrow Laura on our school website  
<http://theedge.nhs.uk/school/>

from Jodi @JodiOlden Brown to All Participants:

Loving the background behind Helen!

from Pip Hardy to All Participants:

Greetings Cathy from Denver!

from Jan Jayes to All Participants:

Hi everyone

from @domcushnan DomCushnan to All Participants:

:)

from Russell Young to All Participants:

Signing in from Western Australia - G'Day!

from Cathy Jaynes to All Participants:

Hi Russell . . .

from jon bryant to All Participants:

G'day Russell

from Soni Cox to All Participants:

Hi folks from sunny Cumbria (actually, not ironic) :-)

from Becky Quinlan to All Participants:

Anyone online from Toronto, or Ontario, or Canada?

from @domcushnan DomCushnan to All Participants:

so nice to see new friends on here

from jon bryant to All Participants:

I loved this is so clearly defines people I have met, few are on the middle ground

from Kaitlyn McMillan to All Participants:

Alberta Canada!

from Carolyn Chalmers to All Participants:

I feel like I'm in the middle in the cheese grater at the moment!

from Paul Harris to All Participants:

Hi all got sound ensure that you get logged in by getting call option clicked in box

from Becky Quinlan to All Participants:

Great!! Yay - Alberta!

from Mark Davis to All Participants:

There it is: a key slide from my learning with the School last year. The difference between old power and new power. It's been really helpful for me in my work here in Middlesbrough!

from jon bryant to All Participants:

Ooh Caroline vjust make sure its great cheese

from Jan Jayes to All Participants:

cheese grater! very apt Carolyn

from Soni Cox to All Participants:

@Carolyn OUCH!

from Diannemshaw to All Participants:

Hello from holiday in AZ but really from ALberta

from Carolyn Chalmers to All Participants:

Yes have felt isolated - this chimes with me

from Russell Young to All Participants:

I've had a day like this slide today :( !!

from @domcushnan DomCushnan to All Participants:

oh no how come?

from Angela Dougall to All Participants:

Feeling this isolation is very lonely

from James Arkle to All Participants:

Well you'll never forget it if so

from Nigel Millar to All Participants:

Do be not ashamed of being perceived as having "old power" because it is an illusion in a progressive organisation - there is utility in that you can still take responsibility if things do not go well

from Russell Young to All Participants:

Despite being in a position of relative organisational power, it feels like the people further up the chain can't see me...

from jon bryant to All Participants:

common goal and comment intent so important

from Lesley Morgan to All Participants:

Have you ever said something in a meeting that everyone ignores? Then someone else repeats what you just said and all of a sudden it's a brilliant idea. I quite often wonder if my voice is like a subliminal message.

from Carolyn Chalmers to All Participants:

Yes, very true Jon - shared understanding and common purpose

from Joanna Jenkins to All Participants:

They'll see you Russell if you instigate change

from Jan Jayes to All Participants:

I feel your pain lesley

from dhiraj ail to All Participants:

its frustratin that the change i want to effect sometimes is not on the agenda, hence this makes me feel more isolated

from Sally Pezaro to All Participants:

Yay! #FindYourFlock :)



from Carolyn Chalmers to All Participants:

And you have to smile and be supportive too

from Becky Quinlan to All Participants:

Work in an amazing community of Family Leaders, all parents of children who are patients in pediatric rehab, working together for change in our hospital!

from Joanna Jenkins to All Participants:

I think a lot of people can talk a good talk but it's different actually delivering it - that's being a true change agent

from Susan Smith to All Participants:

@lesley morgan yes been there often. Sometimes that can be used to spread the influence though.

from Russell Young to All Participants:

That's possible Joanne but I want to change my institution for my patients, not because i'll be seen...

from jon bryant to All Participants:

its rather like being part of a tribe

from Mark Davis to All Participants:

I can relate to that @ Dhiraji - stick with it. By the time you've graduated from SHCR, you'll have some more tools in the toolbox and a different outlook on how to approach change!

from Penny Harris to All Participants:

Anyone else in Aberdeenshire? or looking at Innovation?

from Lesley Morgan to All Participants:

@Susam Smith - it's what i meant last time when I said to be a stealthy radical - change from under the radar :)

from Joanna Jenkins to All Participants:

What I mean Russell is you'll get more done when they do see you - but you have to be successful first - it's a bit chicken and egg

from Carolyn Chalmers to All Participants:

I still have to join group

from Soni Cox to All Participants:

Hi Lesley - yes to Innovation (@MWCSoni)

from jon bryant to All Participants:

Great to see the police are joining us :)

from Carolyn Chalmers to All Participants:

Could we have a Scotland group?

from Lynn Hartley to All Participants:

I'm a Valuemaker

from Nick Dixon to All Participants:

Northwest link- be good to join, how?

from Fauve Syers to All Participants:

I would like to join the North West school community

from Jan Jayes to All Participants:

Anyone else in education sector?

from jane harris to All Participants:

yes Im up for a Scotland group

from Becky Quinlan to All Participants:

Want to join #SHCRPCC

from Jane Douthwaite to All Participants:

Any midwives or people in the north east on here?

from Soni Cox to All Participants:

#SHCRmh @MWCSoni 8-9pm GMT each Thursday

from Matt Elswood to All Participants:

NUH - couldn't join you this week due to annual leave but I am looking forward to meeting you all

from Angela Dougall to All Participants:

yes can we have scotland group please

from marjan van maurik to All Participants:

hi how do I connect with #SHCPCC?

from lourda geoghegan to All Participants:

Could we have a Northern Ireland group?

from Lynn Hartley to All Participants:

I'm in the North east @hartleybrowell

from Trudy Foster to All Participants:

I'm in for a Scottish group

from Gordon Qquinn to All Participants:

Ambulance Servcie

from susan rasmussen to All Participants:

Red Deer Healthcare Rebels

from Paul Harris to All Participants:

Hi can definitely relate to the feeling of being alone as a radical but trying to link with others and also find twitter very supportive. Have taken part in we nurses even though AHP. Also love to see the new innovations on fbnhs stuff

from jon bryant to All Participants:

it was the new voices in health and care community that drew me in, was a new experience..and how I met Helen

from Frances MacGuire to All Participants:

Any Public Health people, ideally NW?

from Michelle Elliott to All Participants:

Is there a group already set up to do with Training ? specifically IT Training?

from Gordon Qquinn to All Participants:

I am in Glasgow, would more than welcome a Scottish group

from Penny Harris to All Participants:

I am following @MWCSoni on twitter :-)

from Mark Davis to All Participants:

If anyone is in the North East and interested in connecting, Maxine Craig and I have been talking about bringing radicals together for a post SHCR learning session. Get in touch on twitter @markdavis275

from Nigel Millar to All Participants:

Anyone else here from NZ?

from helenyoungmidwife to All Participants:

#Matexp on twitter is great.

from Jane Douthwaite to All Participants:

Hello @hartleybrowell

from Soni Cox to All Participants:

Hi Penny!

from lourda geoghegan to All Participants:

Public Health in Nireland - connect with PH in NW?

from Simon Tucker to All Participants:

@Penny Harris: Yes, to innovation.

from Katherine Rutherford to All Participants:

Hello, Jo Johnson! Nice to see you today!

from James Arkle to All Participants:

NHSBSA Change Champions #NHSBSA-CCN

from jon bryant to All Participants:

Can see a lot of groups forming on the chat line as we listen

from Jackie Gillespie to All Participants:

I would be happy for Scottish group based near Glasgow

from Andrea Beacham to All Participants:

Is anyone else working across sectors?

from Sandra Marini to All Participants:

Anyone in Alberta working in the area of Wait Times Measurement and Patient Referral Innovation

from Penny Harris to All Participants:

In Innovation group and a Scottish group would be great

from Jane Douthwaite to All Participants:

Hello Mark Davis, also been in touch with Maxine. Would also like to hear more

from lauren megahey to All Participants:

how do we joining the communities.....have found mental health one on twitter but not sure how to join

from Gordon Quinn to All Participants:

Did it not show that working together (liverpool fans) has made a difference

from Carolyn Chalmers to All Participants:

OK, Lynn, Kathleen, Gordon and co - lets set it up

from Leslie Jones to All Participants:

Frances, I'm a Public Health Registrar in the North West - interested in linking up.

from jon bryant to All Participants:

it has to be the culture

from Mark Davis to All Participants:

Hi Jane. How can we connect?

from Frances MacGuire to All Participants:

Great, PH Reg - missed your name

from Susan Smith to All Participants:

I'm interested in the North West Group

from Jo Johnson to All Participants:

Hi Kay, fantastic to connect yesterday. Hope you liked the blog?

from Anthony Alleman to All Participants:

Web, chat, twitter, and texts. How does an older guy follow it all?

from Paul Harris to All Participants:

hi all I am paul harris@uniquespaday if anyone wants to link up

from Jane Douthwaite to All Participants:

Ill see if i can see you on twitter

from Leslie Jones to All Participants:

Frances - my name is Leslie Jones

from Susan Smith to All Participants:

@Jan Jayes We fit in the education bracket

from Dianne Murray to All Participants:

Anthony - Like Michelangelo who at 85 was still learning

from Debra Barrath to All Participants:

Hi Debra Barrath here from Los Angeles and Kaiser Permanente - would love to connect!

from Frances MacGuire to All Participants:

Great, Hi Leslie im at @francesmacguire and francesmacguire@aol.com

from Jan Jayes to All Participants:

Great - lets connect - can you find me on Twitter?

from Shabs Rajasekharan to All Participants:

Hi Madelon, I'd love to join the netherlands group. I do some work in N.Brabant.

from James Arkle to All Participants:

You say 'older guy', but you're in a web chat with hundreds of people around the world Anthony, you're doing fine

from Graham Mackenzie to All Participants:

We've set up a #ScotPublicHealth twitter network (following Scottish Public Health conference, Peebles, November 2015). Over 2770 tweets, 6m impressions, 720 participants since then. Will be talking about quality improvement as one of the 9 areas of public health during 2016. We have a monthly #publichealthhour. Follow @scotpublic for more. Search out #scotpublichealth and #publichealth on Twitter. Like [www.facebook.com/scotpublichealth](http://www.facebook.com/scotpublichealth) on Facebook. Sign up for blog on [www.scotpublichealth.com](http://www.scotpublichealth.com)

from Jackie Gillespie to All Participants:

Not sure my name came with my comment Jackie Gillespie form near Glasgow. Work in palliative care.

from dhiraj ail to All Participants:

anyone from the intensive care community wanting to connect

from Jan Jayes to All Participants:

Susan Smith - my Twitter handle is @Jan\_Jayes. Lets connect

from Paul Harris to All Participants:

Hi Jan jayes from theatres so some aspects in common

from Nottingham University Hospital City Campus to All Participants:

Are there any other Procurement people who would like to link up?

from Soni Cox to All Participants:

Check out @HIC2016 World Health Innovation Summit #WHIS16 - building community, movement

from Nick Dixon to All Participants:

From today with a senior manager: the change I propose is organic and human driven, but (old power) needs to not fear it; it therefore needs to be seen as "a machine". The art of change seems to be to cover our approach in a cloak of iron. Not sure where I am going with that but thought it worth sharing!

from Matt Elswood to All Participants:

I want free prescriptions for people with mental illness

from Jan Jayes to All Participants:

Paul Harris - can we link on Twitter? @Jan\_Jayes

from Sally Pezaro to All Participants:

I am often caught between research and just wanting to make it happen yesterday!!! - Finishing my PhD now... wanting to make things a relity now!

from Sally Pezaro to All Participants:

\*reality

from Jo Davy to All Participants:

who's out there from Airedale/Bradford area?

from Soni Cox to All Participants:

YES! @MattEllswood

from Paul Harris to All Participants:

Hi Jan Jayes just followed you

from Penny Harris to All Participants:

Hi Lourda

from Penny Harris to All Participants:

my twitter handle is @nellieh64

from Sarah Thew to All Participants:

Anyone else in health informatics / user experience ?

from lourda geoghegan to All Participants:

Hi Penny - good to connect, Im @doclourda on Tw

from Katherine Rutherford to All Participants:

Jim Rawson: where are you in the USA? I am in RI. Feel free to email me : ksrutherford@icloud.com

from Diannemshaw to All Participants:

My Twitter handle is @diannemshaw

from Jane Douthwaite to All Participants:

@markdavis275 @hartleybrowell sent twitte

from Diannemshaw to All Participants:

Quote from rumi "we are all just walking each other home"

from Jane Douthwaite to All Participants:

\*twitter msg

from @domcushnan DomCushnan to All Participants:

i like that @ Diannemshaw

from lorraine Armstrong to All Participants:

I would definately be up for a Scotland group - I am in Stirling my name is Lorraine Armstrong  
@LarmstrongQi

from Haim Hirsch to All Participants:

@Sarah Thew - I come from UX and now expanded to experience design



from Jan Jayes to All Participants:

Me too - lovely phrase Dianne

from Lorraine Armstrong to All Participants:

I would also be up for an Education Group Jane Harris

from Sarah Thew to All Participants:

@Haim Hirsch would be great to hear what you're doing

from Haim Hirsch to All Participants:

@Sarah Thew my email is haim.hirsch@kp.org

from Becky Quinlan to All Participants:

These 4 gaps really ring true!

from Jon Bryant to All Participants:

authenticity and human relationships don't do hierarchies

from Jan Jayes to All Participants:

Jane Harris & Lorraine Armstrong - can I join in re. the education group? I'm not from the NHS but The Open University.

from Carolyn Chalmers to All Participants:

Yes, living the message - be authentic and make an emotional connection

from Jon Bryant to All Participants:

Like the Sensemaking term, new one for me

from Paul Harris to All Participants:

Unfortunately my experience is the NHS cannot deal with honesty as it challenges need for assurance and results in blame attribution

from Jo Johnson to All Participants:

Can't recommend the book called The power of one, The Power of many strongly enough! One of the first books before its time really that still remains relevant. Brilliant.

from Trudy Foster to All Participants:

Hi Lorraine. I'm in Stirling too. trudy.foster@nhs.net

from Jackie Gillespie to All Participants:

Sense making sounds like a breath of fresh air!

from Andrea Beacham to All Participants:

I have a dream - not I have a project plan!

from jon bryant to All Participants:

Paul Harris so agree as advocate and carer

from Michael Goodeve to All Participants:

People want sense making: I think a mixture of stories, emotional connection and data is vital

from Frances MacGuire to All Participants:

I have a dream, its called a 7 day NHS, properly funded where Consultants are on the wards at weekends not just junior doctors. I also dream of a shift to a 4 day week for all, creating more jobs and less stress.

from Diannemshaw to All Participants:

Sense making key, change even with big money attached is resisted without it

from dhiraj ail to All Participants:

i usually get told that I am very emotional and need to show no emotions!!!

from Carolyn Chalmers to All Participants:

Prochaska and Diclemente - cycle of behaviour change has been helpful for me

from James Arkle to All Participants:

@Paul, could that be the climate of fear hanging over the NHS contributing?

from Pip Hardy to All Participants:

Emotions and values and stories.... Yann Martell said: 'The foundation of a story is an emotional foundation. In other words, a good idea that moves.'

from Nigel Millar to All Participants:

Revelation - Doctors are human - @nigelmillarnz #NZSHCR

from Soni Cox to All Participants:

@dhiraj ail - often because everyone else is suppressing theirs! you are the conduit

from Paul Harris to All Participants:

My recent success in work is largely based on one simple vision see a un1que patient and do what the patient wants and needs? Unfortunately some people cannot see that systems exclude rather than include some vulnerable groups system has to fit them not other way around.

from Matt Elswood to All Participants:

I have a dream. A society that promotes self-care and independence and a health system that does not create dependence in the name of 'what is easiest/more comfortable for the staff'

from Frances MacGuire to All Participants:

agreed matt elswood

from Lorraine Armstrong to All Participants:

Hi Jan - let's start a group then! email [lorraine.armstrong@stir.ac.uk](mailto:lorraine.armstrong@stir.ac.uk)

from @domcushnan DomCushnan to All Participants:

Great point @Matt

from Trevor Liddle to All Participants:

@James definitely, good point

from Frances MacGuire to All Participants:

It's called the rule of rescue - we are moved by one person i.e. Aylan Kurdi encapsulated the horror of the refugees crisis.

from Lorraine Armstrong to All Participants:

Hi Trudy thanks for your email - [lorraine.armstrong@stir.ac.uk](mailto:lorraine.armstrong@stir.ac.uk) - do you have a twitter

from Soni Cox to All Participants:

Agreed @matt

from Jan Jayes to All Participants:

Lorriane - I'm on it! I'll email you.

from James Arkle to All Participants:

Any from NHSBSA here?

from dhiraj ail to All Participants:

@ Soni Cox Is action only possible with Passion minus emotion

from lourda geoghegan to All Participants:

SO often we are marshalled not to display or use our emotions, great to see, hear and learn how we can use our emotions to build movements for change.

from lorraine Armstrong to All Participants:

Great Jan - look forward to hearing from you!

from Jan Jayes to All Participants:

Everyone else interested in an education group my email is [jan.jayes@open.ac.uk](mailto:jan.jayes@open.ac.uk).

from Jennifer Peterson to All Participants:

Sense making feels like it is a different way of thinking. I love Simon Sinek's start with the "why". I see the two as similar in making you think about things differently

from Jan Ground to All Participants:

I am- my email (in US) is [janis.t.ground@kp.org](mailto:janis.t.ground@kp.org)

from megan henderson to All Participants:

Anyone else in Social Housing listening? Would be good to get in touch.

from Soni Cox to All Participants:

@dhiraj ail - engaging people on many levels using story telling, facilitating all to contribute opens balanced sharing?

from Joanna Jenkins to All Participants:

Hi Megan - I am in social housing - [joanna.jenkins@bromford.co.uk](mailto:joanna.jenkins@bromford.co.uk)

from Diannemshaw to All Participants:

Fear action = flight or flight not reasoned action?

from helenyoungmidwife to All Participants:

Anger can be very draining. Need to direct to an action to feel fulfilled in your purpose.

from Pip Hardy to All Participants:

@Jan Ground, you are in Denver aren't you?

from Soni Cox to All Participants:

@Jennifer Peterson love that!

from Kaitlyn McMillan to All Participants:

Love start with why Jennifer Peterson! Perspective is key. How we perceive events has a large impact on willingness to accept and idea

from megan henderson to All Participants:

Thanks Joanna. will email you!

from Frances MacGuire to All Participants:

humour better emotion to use than anger

from Lucy Ord to All Participants:

Hi James Arkle- I'm from BSA - Lucy from L&OD team

from Paul Harris to All Participants:

Believe so important to not compromise on your values

from marjan van maurik to All Participants:

what about how to overcome a sense of non-urgency?

from Hermie Santos to All Participants:

I agree

from Soni Cox to All Participants:

Also @idavidmarquet - turn the ship around

from Jan Ground to All Participants:

request: can we get a copy of the chat box content at the end of this great session? thx!

from Soni Cox to All Participants:

sorry @ldavidmarquet

from Matt Elswood to All Participants:

I witnessed a suicide. It was the catalyst for me to develop my leadership. When asked about what was motivating me, I wanted to be able to articulate what i had seen without becoming upset by it. Eventually I realised that for others, being able to see how the suicide impacted on me was most powerful of all, and more authentic

from Lesley Morgan to All Participants:

My favourite managers have great empathy with their staff and you know they care rather than just saying it and not feeling it.

from Jan Ground to All Participants:

would love to connect with you all in the UK!

from Sandra Marini to All Participants:

There is a challenge when you are on a journey to change to find ways to continue moving forward when there is that sense of non-urgency.

from Pip Hardy to All Participants:

@Jan, we are all connected now!

from James Arkle to All Participants:

Hi Lucy, Prescription Services at Bridge House here! Glad to see others involved

from Lesley Morgan to All Participants:

Exactly Jan. Reducing staff down to a job description is so demoralising. We're all different and should all be able to contribute in our own way.

from jon bryant to All Participants:

@Jan do you have a twitter handle?

from Frances MacGuire to All Participants:

My managers have told me to stop telling my personal story

from Soni Cox to All Participants:

@mattelswood - harnessing all that experience to inspire change

from Pip Hardy to All Participants:

Patient stories are indeed important. But so are staff stories. If you'd like to share a story, find out how at [www.patientvoices.org.uk/dnaoc.htm](http://www.patientvoices.org.uk/dnaoc.htm)

from lourda geoghegan to All Participants:

Really think we need to need to tell our own stories, people connecting with honesty and emotions.

from marjan van maurik to All Participants:

@Sandra, true, any ideas? ;)

from Becky Quinlan to All Participants:

Helen - we also take patient stories to the Board - bringing the data to life!

from Soni Cox to All Participants:

@lourda - important across professions, sectors, clients, patients

from jon bryant to All Participants:

@Pip stories work for everyone in my experience

from Lucy Ord to All Participants:

Hi Prescription Services - glad to see you've got over the hurdle of technology at the BSA!

from Frances MacGuire to All Participants:

so how do employees handle their managers telling them to get over their story (life experiences)

from Pip Hardy to All Participants:

@Frances, maybe learn how to tell the story in an engaging and compelling way?

from Sandra Marini to All Participants:

we have tried to link patient referral situations as well as focus on the wins within our program with comparable services. Have also had the teams be the leaders of their journey

from Susan Smith to All Participants:

You need to judge the story to the audience

from Lesley Morgan to All Participants:

Most likely

from Frances MacGuire to All Participants:

yes, several

from Penny Harris to All Participants:

Corporate

from Nick Dixon to All Participants:

conforming

from lourda geoghegan to All Participants:

I completely agree with the value and huge power of using our own stories, also agree v imp't across professions - not just one group or another!

from Paul Harris to All Participants:

Hey who would have thought a NHS single would topple the X factor winner for christmas number 1  
real people power and emotion

from jon bryant to All Participants:

I am going to get me an extra pair of hands for module 3! 2 heads would help too;)

from Linda Hill to All Participants:

you have had a large injection of NHS

from Penny Harris to All Participants:

I always use stories when doing presentations.

from Soni Cox to All Participants:

Lol @jon - me too - can qwerty live up to the name?

from Pip Hardy to All Participants:

@Jon, yes, even the multi-taskers among us are challenged!!

from Paul Harris to All Participants:

My most successful presentations have been through sharing stories.

from Frances MacGuire to All Participants:

multi-tasking is overrated - mindfulness - the joy of one thing at a time

from Susan Smith to All Participants:

stories are a great way to demonstrate impact on a range of different levels. Not only does it convey ideas for change, create emotional connection to ground us, but it demonstrates tacit values we don't capture in cold statistics.

from Nigel Millar to All Participants:

Life is what happens when you making other plans - Joh Lennon

from Sunita Kurian-Downer to All Participants:

I did exactly this and told my story yesterday to help support my desire to develop leadership and networking skills

from Lesley Morgan to All Participants:

I think stories also help us relate to each other.



from Pip Hardy to All Participants:

@Frances, Yes! Completely agree! But good to be able to a couple of things at the same wholeheartedly!

from jon bryant to All Participants:

@Soni keep your eye on twitter for Qwerty pics:)

from dhiraj ail to All Participants:

life was lovely as a clinician , suddenly i had to start managing people

from Matt Elswood to All Participants:

to practice mindfulness you only need one Krispy Kreme Peanut Butter Donut, trust me :) everything else in the world slips away

from Paul Harris to All Participants:

mindfulness one juicy raisin mmmm

from Penny Harris to All Participants:

Part of the issue is the lack of training when changed into a managing role.

from Lesley Morgan to All Participants:

Now I want donuts - last week it was coffee

from James Arkle to All Participants:

I find everything gets sticky instead Matt!

from Sue Manser to All Participants:

hmmmm - doughnut

from jon bryant to All Participants:

Marks story is brill, had a sneak preview

from Jo Johnson to All Participants:

Wow! Thanks Helen for your wonderful generosity sharing your story. I feel emotional listening to you and agree with everything you said.

from Joanna Hemming to All Participants:

All this doughnut talk is making me hungry!

from jon bryant to All Participants:

Love how the chat has ebbed away as Mark speaks

from victoria sample to All Participants:

Community and personal resilience planning

from lourda geoghegan to All Participants:

great descriptor - 'coalition of the willing'

from victoria sample to All Participants:

change starts with us

from Soni Cox to All Participants:

So important to collaborate with all frontline agencies supporting people

from Paul Harris to All Participants:

need the diverse mix and views to get a new perspective same just promotes sameness

from Gordon Qquinn to All Participants:

tapping into emotions, great

from James Arkle to All Participants:

very inspiring

from @domcushnan DomCushnan to All Participants:

amazing story mark!

from Paul Harris to All Participants:

Great work Mark

from victoria sample to All Participants:

:-)

from Jo Johnson to All Participants:

Sounds like Mark believes in the potential of people rather than the problems they bring.

from Hemlata Fletcher to All Participants:

You brought everyone together!

from Fauve Syers to All Participants:

Thanks for the story Mark

from David Yarrow to All Participants:

Thanks Mark, quite inspirational

from megan henderson to All Participants:

great story! You need to allow time for change as people need to engage and buy in.

from Diannemshaw to All Participants:

Tapping into "what could be" and showing a way to make the dream happen

from jon bryant to All Participants:

Fab story Mark thanks for sharing. yer a bit of a pro mate

from Jackie Gillespie to All Participants:

Jackie Gillespie - really inspiring mark.

from @domcushnan DomCushnan to All Participants:

yeah jo - what a wonderful quality

from lourda geoghegan to All Participants:

fascinated and impressed you've stayed away from the data, as this is the piece people usually dive into, without thinking

from Angela Dougall to All Participants:

Thank you Mark

from jon bryant to All Participants:

rather how electricity flows

from dhiraj ail to All Participants:

Need to collaborate to decide on what the common goals are ...working towards it is probably easier

.

from Melissa VanHouten to All Participants:

One problem we see in trying to organize people (patients) is that because they are ill, they are limited in how (and how often) they can participate. It can be pretty problematic to mobilize and

organize the chronically ill themselves because of this. Requires us to be very flexible and patient sometimes -- and to be willing to alter plans with little notice.

from Sally Pezaro to All Participants:

We find a champion to champion the idea - without the champion - the idea dies

from Matt Elswood to All Participants:

is this about speaking other languages??

from Soni Cox to All Participants:

can build strong ties across many areas - not just sticking to 'people like us'?? Or is that okay for me to say as an independent social enterprise?

from lourda geoghegan to All Participants:

shared language

from Sandra Springett to All Participants:

common language

from Frances MacGuire to All Participants:

common language

from James Arkle to All Participants:

CONFIDENCE

from andrea malizia to All Participants:

credibility

from dhiraj ail to All Participants:

easier to communicate

from Jan Ground to All Participants:

more likely to express concerns

from victoria sample to All Participants:

relationships, small changes quick gains

from melanie newdick to All Participants:

Pros - get things done quickly

from Lesley Morgan to All Participants:

Like-minded

from Lisa Zubach to All Participants:

support

from Lynn Hartley to All Participants:

get a more rounded viewpoint

from roisin breen to All Participants:

healthy competition among people same interests

from Peter Toohey to All Participants:

same tribe

from Sue Manser to All Participants:

Speak same language, shared values

from jane harris to All Participants:

get things done

from Frances MacGuire to All Participants:

trust

from Susan Smith to All Participants:

don't need back story

from Diannemshaw to All Participants:

Competance

from Jackie Gillespie to All Participants:

Common purpose

from jon bryant to All Participants:

quick internal comms

from Paul Harris to All Participants:

Think NHS suffers because patient has a unique journey although may be shared they don't often come together to change things that need to . Patient groups need to be more involved

from victoria sample to All Participants:

expertise

from madelon rooseboom to All Participants:

same values

from Penny Harris to All Participants:

easier

from Anthony Alleman to All Participants:

common vocabulary

from Jennifer Rodgers to All Participants:

Don't want to let one another down

from helenyoungmidwife to All Participants:

supportive network

from Jane Beadle to All Participants:

it's safe and easy

from andrea malizia to All Participants:

shared experience

from Angela Dougall to All Participants:

strong relationships

from Michelle Elliott to All Participants:

pros - learn from each other... set a good example

from jane cantrell to All Participants:

Don't need to spend time explaining

from Haim Hirsch to All Participants:

fewer barriers

from Henk Hadders to All Participants:

same language

from vera to All Participants:

Safe

from Sandra Springett to All Participants:

its safe

from roisin breen to All Participants:

collective

from Rosanna Hunt to All Participants:

shared purpose

from Nigel Millar to All Participants:

It's a closed community and does not spread

from Frances MacGuire to All Participants:

closed ranks

from dhiraj ail to All Participants:

can have conflicting ideas on the same subject and bias

from Haim Hirsch to All Participants:

insular

from lourda geoghegan to All Participants:

not enough diversity or challenge

from Cathy Jaynes to All Participants:

group think

from Soni Cox to All Participants:

cons - stay within a bubble - less diversity of experiences

from megan henderson to All Participants:

lack of diversity

from Susan Smith to All Participants:

stagnation

from Trudy Rose to All Participants:

insular

from Andrea Beacham to All Participants:

narrow

from Fauve Syers to All Participants:

bias

from Sue Manser to All Participants:

Blinkered viewpoint

from James Ilott to All Participants:

Lack of innovation

from Jo Davy to All Participants:

not inclusive or diverse

from Shabs Rajasekharan to All Participants:

you dont leave your comfort zone

from victoria sample to All Participants:

closed circles

from Frances MacGuire to All Participants:

same ol same old

from Michelle Elliott to All Participants:

dis advantage -

from melanie newdick to All Participants:

Think the same

from Matt Elswood to All Participants:

we all have the same blind-spots, lack diversity of thought

from marjan van maurik to All Participants:

not out the box



from andrea malizia to All Participants:

blind spots

from Jennifer Rodgers to All Participants:

Biases

from Trudy Foster to All Participants:

Assumptions and same perspective

from susan rasmussen to All Participants:

known bias

from James Arkle to All Participants:

ties have become strong over a long time of old methods

from Stephen Maxwell to All Participants:

limited

from megan henderson to All Participants:

no challenge

from Sandra Springett to All Participants:

same midset

from Peter Toohey to All Participants:

myopic

from Lynn Hartley to All Participants:

distraction from day job

from helenyoungmidwife to All Participants:

Tribalism

from Trudy Rose to All Participants:

safe

from jane harris to All Participants:

seen as clique

from Dianne Murray to All Participants:

don't know what you don't know

from Shawn Ireland to All Participants:

Ideas stagnate

from Neil Wolfenden to All Participants:

lack innovation

from Hemlata Fletcher to All Participants:

fear

from Diannemshaw to All Participants:

Herding cats

from Jo Johnson to All Participants:

Unsafe

from Jane Beadle to All Participants:

it's more challenging

from Nigel Millar to All Participants:

new ideas come from new thinking

from Jackie Gillespie to All Participants:

Exclusive

from jon bryant to All Participants:

Hard to move due to size

from Leslie Jones to All Participants:

Disadvantage - don't influence beyond own group

from Susan Smith to All Participants:

lose touch

from Angela Dougall to All Participants:

difficult to grow

from Joanna Jenkins to All Participants:

not enough breadth of thinking

from Paul Harris to All Participants:

no risk

from Sue Manser to All Participants:

exclusive

from Frances MacGuire to All Participants:

tinkering at edges

from andrea malizia to All Participants:

egos

from Sandra Springett to All Participants:

self interested

from Michelle Elliott to All Participants:

disadvantages - like chinese whispers.. can be lead astray

from Becky Quinlan to All Participants:

from Module 1 - more diversity leads to greater innovation

from Frances MacGuire to All Participants:

not transformational

from jason allen to All Participants:

people from same backgrounds think the same way

from Trudy Rose to All Participants:

lacking critique

from Rosanna Hunt to All Participants:

us and them

from Jo Davy to All Participants:

always do what always done, always get what always got...

from Andrew Baber to All Participants:

loss of control

from Jane Beadle to All Participants:

sorry meant not challenging!

from jon bryant to All Participants:

the wind blows through a tree with less leaves

from Jo Johnson to All Participants:

People are generally better persuaded by the reasons which they have themselves discovered, than by those which have come into the mind of others. (Pascal 1670)

from Paul Harris to All Participants:

Have always found it easier to discuss change and create more open discussion through others rather than peers.

from Soni Cox to All Participants:

@ Jo - love that thank you

from dhiraj ail to All Participants:

@ jo thats true

from Trevor Liddle to All Participants:

"It all started with a mouse" - Walt Disney

from victoria sample to All Participants:

making links across service boundaries

from lourda geoghegan to All Participants:

@jo - thank you, very helpful reference

from Paul Harris to All Participants:

think the weak ties are actually strong emotional value based connections

from victoria sample to All Participants:

boundary spanning

from James Arkle to All Participants:

@Trev, I agree! We can all have a voice, no matter how small we are

from Lynn Hartley to All Participants:

@wefinance too

from Paul Harris to All Participants:

I have actually made decision to engage through we nurses as a AHP rather than AHP as suits me better

from Frances MacGuire to All Participants:

@phupnorth for ph fool in the north Leslie Jones

from Frances MacGuire to All Participants:

not ph fools - ooops - ph folk

from Leslie Jones to All Participants:

No offence taken!

from Frances MacGuire to All Participants:

:)

from Mark Davis to All Participants:

Social movements for social change. Perfect fit in my eyes!

from Jo Davy to All Participants:

at Airedale we have a breakfast club thats all about weak ties-involves managers, administrators, therapists, midwife, doctor getting together, having a cuppa and sharing and learning from each other

from Lynn Hartley to All Participants:

that sounds excellent

from Matt Elswood to All Participants:

That sounds great!

from Fauve Syers to All Participants:

Breakfast club sounds good!

from megan henderson to All Participants:

love the idea of a breakfast club

from Michelle Elliott to All Participants:

love the idea of a breakfast club !!!

from Lynn Hartley to All Participants:

other than i cant get up early ...

from Frances MacGuire to All Participants:

Hi Jo Davy - do you work wit the Bradford PH consultants/teams? I used to be at the PCT

from jon bryant to All Participants:

@Jo always felt food is always a great hub for connecting

from James Arkle to All Participants:

Our change champions sessions sound similar to that, but without the breakfast bit :(

from Soni Cox to All Participants:

& patients? patient reps? at breakfast club?

from lourda geoghegan to All Participants:

diagnostic

from dhiraj ail to All Participants:

diagnostic

from Nigel Millar to All Participants:

Diagnostic

from Matt Elswood to All Participants:

motivational, i hope

from victoria sample to All Participants:

prognostic

from Lynn Hartley to All Participants:

diagnostic

from Susan Smith to All Participants:

prognostic

from jane harris to All Participants:

diagnostic

from jane cantrell to All Participants:

daignostic

from Cathy Jaynes to All Participants:

diagnostic

from siobhan taylor to All Participants:

diagnostic

from James Ilott to All Participants:

diagnostic

from julie Gumbrell to All Participants:

Diagnostic

from Gayle MacDonald to All Participants:

diagnostic

from Fauve Syers to All Participants:

diagnostic

from Glo Ese to All Participants:

motivational most important

from Angela Dougall to All Participants:

diagnostic

from Sue Manser to All Participants:

diagnostic

from Paul Harris to All Participants:

Have a meeting in future where I will definitely be trying and sharing these concepts power to the radicals

from Jo Davy to All Participants:

Hi Frances-i dont personally work with them-any connections you can provide?

from Fauve Syers to All Participants:

should be more motivational

from Diannemshaw to All Participants:

Our module is problem focused

from Frances MacGuire to All Participants:

yes lots - i know the consultants well my email francesmacguire@aol.com

from Henk Hadders to All Participants:

it should be solution-focused

from Jo Davy to All Participants:

p.s brekkie club is fab-some of us are connected on twitter so we can continue our chats outside of getting together

from victoria sample to All Participants:

Its got to have some substance behind it though

from dhiraj ail to All Participants:

it is beacuse people always want to know why??

from Diannemshaw to All Participants:

Health care Model is problem focused

from Pip Hardy to All Participants:

I love the idea of leaning into your discomfort. Makes me think about running into the wind - it's easier than walking.

from Glo Ese to All Participants:

join the thinkinbox movement - #thinkinbox @think\_in\_box - inner inclusive cange

from Paul Harris to All Participants:

Would love a community of critical friends in my organisation so can gain a voice share learning and make more of a difference

from Fauve Syers to All Participants:



I like the 4 keys to collaboration

from Matt Elswood to All Participants:

Fauve - here here, and what a lovely name btw

from Frances MacGuire to All Participants:

My background prior yo public health, was environmental, big shift in 2000s from problem focussed to solution focussed - more empowering, people find agency

from Jo Davy to All Participants:

thanks Frances-will be in touch! :-)

from Fauve Syers to All Participants:

Haha thanks Matt!

from Frances MacGuire to All Participants:

:-) Jo Davy

from Diannemshaw to All Participants:

Listen like an ally - brilliant!

from Soni Cox to All Participants:

@Paul harris - or across different organisations? by sector - like perr supervision?

from dhiraj ail to All Participants:

listen as an ally... thats a brilliant suggestion

from Mark Davis to All Participants:

Leaning into your discomfort is key for bringing about change - whatever it is. The words "change" and "comfortable" don't easily fit together.

from Jo Davy to All Participants:

someone once told me to do something that scares you at least once a week!

from Mark Davis to All Participants:

The end goal from the SHCR = moving beyond the edge. Also known as moving beyond the comfort zone.

from Frances MacGuire to All Participants:

Fab quote!

from Fauve Syers to All Participants:

Like the quote!

from Glo Ese to All Participants:

Love the quote by MLK

from Becky Quinlan to All Participants:

Oh... I'm very protective of my street corner. Maybe I need to check the view from different street corners too!

from Lesley Morgan to All Participants:

All row in the same direction

from lourda geoghegan to All Participants:

let smake sure the boat's not the Titanic!

from Pip Hardy to All Participants:

@ Becky - I bet the view is good from those other corners too! :-)

from Graham Mackenzie to All Participants:

Many thanks to SHCR and Helen Bevan for invitation to speak.

You can find out more about the Healthy Start work I'm presenting in

the following ways:

- Follow me on Twitter: [www.twitter.com/gmacscotland](http://www.twitter.com/gmacscotland)

- Like the #GetHealthyStart Facebook page:

[www.facebook.com/gethealthystart](http://www.facebook.com/gethealthystart)

- Check out Storify summaries on quality improvement and public

health: [www.storify.com/gmacscotland](http://www.storify.com/gmacscotland)

- Check out [www.scotpublichealth.com](http://www.scotpublichealth.com) and sign up for email updates

on the blog

- read the BMJ Quality Improvement Reports paper (in press)

Thanks particularly to Angela Dougall (also on SHCR call), coauthor for this work (Angela is @DunnDougall on Twitter)

from James Arkle to All Participants:

Let's all get on the leader ship!

from Mark Davis to All Participants:

My kind of leadership is 'leading beyond authority' - key to make change happen.

from Paul Harris to All Participants:

Love the use of quotes and images to tap into our emotions

from Frances MacGuire to All Participants:

Leader ship - nice!

from Frances MacGuire to All Participants:

on y va

from Fauve Syers to All Participants:

haha like what you did there James!

from Glo Ese to All Participants:

wind in our box

from Nigel Millar to All Participants:

A better elkader says "Where shall we go"

from Frances MacGuire to All Participants:

what's the story behind #hello my name is...

from Mark Davis to All Participants:

James: like the idea of getting on the leader ship! A name for a Twitter group?!

from Becky Quinlan to All Participants:

Thanks @Pip! Looking forward to the change of scenery.

from Glo Ese to All Participants:

we are all boxed in by our backgrounds - fantastic resource if used wisely - need to learn how to tap into it - wind in our sails not wind out #thinkinbox

from James Arkle to All Participants:

Haha, if you like! You can have it royalty free! (for the first 6 months) ;)

from jon bryant to All Participants:

great scalable concept

from Diannemshaw to All Participants:

Visionaries are not just formal leaders but are found in all levels and quarters of life

from Paul Harris to All Participants:

Dr Kate Granger personal perspective on health she receives as a cancer patient # my name is

from Pip Hardy to All Participants:

Oh, I bet the Leadership is the one you can rock AND stay in!

from Mark Davis to All Participants:

Thanks, James. Consider it a done deal!

from Frances MacGuire to All Participants:

Thanks Paul Harris

from lauren megahey to All Participants:

very good Pip Hardy :)

from Matt Elswood to All Participants:

so true, email doesn't work! get out there!

from jon bryant to All Participants:

working with the edge

from Angela Dougall to All Participants:

Thank you @gmacscotland #HealthyStart

from Paul Harris to All Participants:

only emotion in email is what the receiver feels is there rather than what is actually there so depends on how your day is going.

from Russell Young to All Participants:

You read my thoughts Jon. E-mail is the enemy of collaboration in my view...

from Kaitlyn McMillan to All Participants:

Well said Paul Harris - agree!

from dhiraj ail to All Participants:

agree with the evils of email

from Penny Harris to All Participants:

Totally agree Paul. I can spend ages composing an email just to make sure the recipient can't take it in any other way than the one intended!

from Angela Dougall to All Participants:

Face to face most powerful collaboration

from Lesley Morgan to All Participants:

@Penny - me too

from @domcushnan DomCushnan to All Participants:

@penny me too

from jon bryant to All Participants:

emails kill interaction and just swamp people more often than not

from Paul Harris to All Participants:

e mail is organisation protectionism emphasis on proof of communication it happened not effect of communication

from Lisa Zubach to All Participants:

So nicely done!1 Great Story

from lorraine Armstrong to All Participants:

FANTASTIC!

from Matt Elswood to All Participants:

thanks, very inspiring - it can be done :)

from helenyoungmidwife to All Participants:

Working with people works better. How it will work for them.

from Lisa Zubach to All Participants:

Thanks for sharing

from James Arkle to All Participants:

Thanks Graham!

from Michelle Elliott to All Participants:

that was really interesting :)

from victoria sample to All Participants:

very inspiring

from dhiraj ail to All Participants:

great story Graham

from Fauve Syers to All Participants:

Thanks Graham

from Soni Cox to All Participants:

great work Graham

from Paul Harris to All Participants:

Thanks Graham

from Lesley Morgan to All Participants:

Thanks to both Mark and Graham for sharing their stories

from Penny Harris to All Participants:

very interesting

from Frances MacGuire to All Participants:

Email easy to misconstrue - best for limited information not long detailed communication. Email can feel like you're being shouted at even if you're not. Phone or face to face best for difficult stuff

from marjan van maurik to All Participants:

thnx for sharing

from Glo Ese to All Participants:

G8 work Graham

from jon bryant to All Participants:

love the think small start smaller

from Trevor Liddle to All Participants:

@Frances I agree

from Jo Johnson to All Participants:

Fantastic. Love the word boundarilessness

from victoria sample to All Participants:

its important to remember the individual during big plans

from Jackie Gillespie to All Participants:

Loved Graham's very person centred, common sense and respectful approach. Jackie Gillespie

from helenyoungmidwife to All Participants:

love this chat box feels like talking in class.

from James Arkle to All Participants:

Except you don't get a board rubber thrown at you!

from James Arkle to All Participants:

...or I hope

from @domcushnan DomCushnan to All Participants:

@helen hehe

from Lesley Morgan to All Participants:

Hehe. Whispering behind the teacher's back

from Mark Davis to All Participants:

Agree with Kate, connections so important.

from @domcushnan DomCushnan to All Participants:

\*chucks\* Virtual board rubber :P

from Soni Cox to All Participants:

#SHCRmh (mental health) chat tonight at 8-9pm gmt @MWCSoni

from Paul Harris to All Participants:

Ready to connect anyone from NHS in Wales on twitter paul.harris@uniquespaday

from Sunita Kurian-Downer to All Participants:

I did exactly this yesterday and told my story in person to help support and explain my desire to develop leadership and networking skills for the purpose of motivating change in favour of quality of patient & staff care and experience over quantity alone. As suspected my superior had painted a different and negative picture about my commitment to the team to help justify or hide the fact that they had not allowed me to access the training. Engaging the relevant people with details around my story has helped to give context to my purpose and vision for the future of the service we provide. I have quite a struggle ahead of me, but staying true to myself, and being open and honest with togetherness in mind will hopefully make the difference eventually.

from Lisa Zubach to All Participants:

Really happy to hear the importance of face 2 face communication. it's much easier to agree and not follow through when your partner is a faceless email

from @domcushnan DomCushnan to All Participants:

and yes looking forward to connect Soni

from Matt Elswood to All Participants:

GO Sunita - power to your elbow

from Sunita Kurian-Downer to All Participants:

gret

from Soni Cox to All Participants:

Great @Dom

from Frances MacGuire to All Participants:

sunita - feel like we may have common experience - keep going

from Sunita Kurian-Downer to All Participants:

Great to be a part of this group

from Joanna Jenkins to All Participants:

well done Sunita



from Russell Young to All Participants:

Sadly twitter chat is 4am here... I'm not very good at 4am!

from Sunita Kurian-Downer to All Participants:

you too Frances

from dhiraj ail to All Participants:

well done sunita

from elizabeth howkins to All Participants:

interprofessional leadership is the key to making a change and for social movement

from Glo Ese to All Participants:

coproduction so important

from Fauve Syers to All Participants:

Another good quote

from Nick Dixon to All Participants:

coproduction can be seen as 'People Powered Health'

from Soni Cox to All Participants:

Thanks all

from Frances MacGuire to All Participants:

No offence but all the quotes are from men - there must be some strong women voices

from Lesley Morgan to All Participants:

Thank you!

from Sally Pezaro to All Participants:

thanks

from Lisa Zubach to All Participants:

Thank you

from Joanna Jenkins to All Participants:

Bye folks

from Diannemshaw to All Participants:

Thank you

from Nicole Whitaker to All Participants:

Thank you!

from Paul Harris to All Participants:

my three words connect, co produce, change

from Sandra Springett to All Participants:

Thanks

from Gordon Qquinn to All Participants:

Thank you, another great module

from Katherine Rutherford to All Participants:

thank you

from Sunita Kurian-Downer to All Participants:

Thanks everyone

from Jane Beadle to All Participants:

thank you

from Lisa Murdock to All Participants:

Thank you

from Julielynn Jones to All Participants:

Thank you!

from Sue Manser to All Participants:

Thanks for useful session

from Trevor Liddle to All Participants:

Cheers chaps, sailing off on the leader ship now

from Penny Harris to All Participants:

Thank you

from Paul Harris to All Participants:

Thanks

from Joanne Woolgar to All Participants:

Thank you

from James Arkle to All Participants:

thanks!

from dhiraj ail to All Participants:

thnk you

from Gayle MacDonald to All Participants:

Thank you

from Angela Dougall to All Participants:

really useful session

from Gill Minto to All Participants:

Thank you, bye

from Lisa Murdock to All Participants:

Thank you!!

from James Arkle to All Participants:

Change hoooooooooooo!

from @domcushnan DomCushnan to All Participants:

@Frances lets try and find some

from Jackie Gillespie to All Participants:

Jackie Gillespie -thank you.

from marjan van maurik to All Participants:

thnx!

from jane cantrell to All Participants:

Thanks for this module - see everyone soon

from Frances MacGuire to All Participants:

lets do that :)

from Mark Davis to All Participants:

Hope to see you all on Twitter before next weeks class :)

from Paul Harris to All Participants:

Bye everyone see you next week flock to school for healthcare radicals

from @domcushnan DomCushnan to All Participants:

:)

from @domcushnan DomCushnan to All Participants:

beautifully played Olly

from Linda Hill to All Participants:

can i link wiht the North west team?

from Frances MacGuire to All Participants:

me too - north west

from jon bryant to All Participants:

a flock of radicals, nice! byeee all

from Trevor Liddle to All Participants:

Lovely music